

- What's an accomplishment you're proud of? Why? Did you overcome a challenge?
- How are you able to help others?
- Write about a family member that you are grateful for.
- What mistake or failure are you grateful for?
- Look around the room and write about everything you see that you are grateful for.
- What is a tradition that you are grateful for?
- What is one of your personality traits that you are grateful for?
- Write about a teacher or mentor that you are grateful for.