

## Love - Extension Activities - Right @Home- February 2022

**Parents, did you know that reading, singing, talking, making crafts, cooking, and playing games together with your kids helps them to develop many different skills that they need to be successful in school and beyond?**

### **Craft: Make a painted picture:**

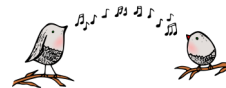


You will need: a large sealable (I.E. Ziploc) bag, a large marble, bouncy ball or small, round rock, liquid paint, paper or cardboard.

Put the paper, cardstock or cardboard inside the plastic bag. Squirt a bit of paint in the middle of the paper. Put the marble or ball inside the bag. Seal the bag tightly. Let your child move the ball around on the outside of the bag.

When they are tired of squishing the paint around. Take the paper out of the bag and hang it up to dry. (a coat hanger with clothespins will work fine). Once the paper is dry you can cut a heart or other shape out of it, or frame the whole piece to remember simple times!

**Send a letter to someone you love.** Let them know you are caring about them. Let your child see you writing. Modelling is a great way for your child to understand that writing is important. Let your child draw a picture or send their heart painting!



**Sing love songs:** Turn up the volume and dance to your favourite love song. Sing it out loud to the people you love! Talk about why you love your child and your other family members. Sometimes it is hard to say why you love someone out loud. Write it down and read it. Your child needs to hear why they are important to you, as does your spouse or partner. Be brave, take turns saying, or singing, how you feel. Make this a part of your routine and it will get easier. Here are a few suggestions: Skinamarink, You are my Sunshine...

**Play an old-fashioned game of Fox and Goose in the snow.** Tramp a very big circle in the snow. Tramp a line down half the circle from one side of the circle to the other. Make more lines until it looks like a giant pie in the snow. Now choose a "fox". All the other players will be "geese". Play tag with the fox being "it". All players have to remain on the trampled lines. If they go off of the lines in order to be "caught", they will become "it".

You can make up whatever game you want! Maybe your child just wants to have you chase them around the circle. Who cares?? Just have fun outside together!!



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