

## Rural Library Corner

Podcast Script for Mar 25th

### Introduction

- Hello and welcome to the Rural Library Corner's Podcast. I am your host Maureen Penn, Library Director for Lac La Biche County Libraries.
- Rural Library Corner highlights Lac La Biche County Libraries' programs, initiatives, new releases and features interviews with local community members and groups. Even online "our libraries are your place to be".
- In this episode, I will highlight some of our programs, interview Kristen Shewchuk, Team Lead for FCSS Young Family Connections and Childmind Department, plus focus on a few e-resources which people can access from home with their library card.

*Music - Adding the Sun*

### Services & Initiatives



[Creativebug](#) is an educational video resource that focuses on arts & crafts. The videos are produced by artists and creative experts who have a lifetime of practice and proven teaching techniques. One new class is added each week and all classes come with downloadable patterns, templates, and recipes.



**Freeding** allows Library Members to download eBooks straight to their PC, iOS and Android devices. The Freeding e-Book collection includes most genres, with a focus on general non-fiction (travel, crafts, cooking) and has 50,000 titles always available for checkout.

An advertisement for the Musical Instrument Lending Library. The background is a collage of musical instruments: a drum set with cymbals and sticks, a keyboard piano, and an acoustic guitar. The text 'Musical Instrument Lending Library' is written in a large, blue, serif font across the center. In the top right corner, the text 'Lac La Biche County Libraries' is written in a red, serif font. Below this, there is a graphic of colorful musical notes on a staff. In the bottom right corner, the text 'Funding provided by:' is written in a black, sans-serif font, followed by the logo for the Kimberley Foundation, which features the letters 'KF' in a stylized, white, blocky font inside a dark blue triangle, with the words 'KIMBERLEY FOUNDATION' written in a smaller, black, sans-serif font below it.

- **Musical Instrument Lending Library** provides our library members an opportunity to borrow a variety of instruments at no cost. The Musical Instrument Lending Library is made possible with funding from the Kimberley Foundation. Call 780-623-7467 to make arrangements.

*Music - Mana Two Part 2*

## Program Highlights



# Ladies Night

Friday, February 26th,  
March 26th & April 30th  
6-8pm  
Stuart MacPherson  
Public Library

Come paint a masterpiece, get crafty, socialize, and discover something new. This after hours event for girls/ladies 13 and older. Pre-registration is required and donations are gratefully appreciated.



Ladies Night is an online after-hours event for girls/ladies 13 and older. The next session will be held on Friday, March 26<sup>th</sup> from 6:00-8:00pm.

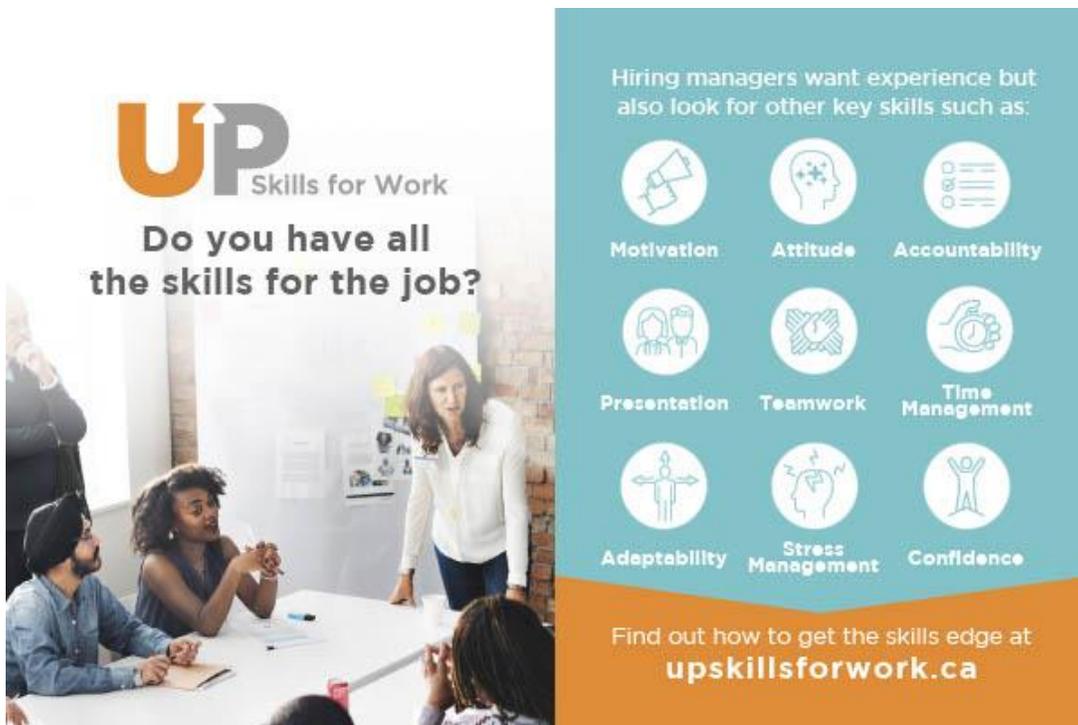
First up we will be focusing on mindfulness and will be doing a sensory spray with Katarina Paulinyova.

Then Sue Lapierre will be doing "Fuel it. Move it. Stretch it." It's hard enough on a good day to be active and maintain our health....so why not throw in a pandemic!? No more excuses ladies!! Join us for a fun and interactive session exploring ways to incorporate healthy food habits, physical activity, and some amazing ways to relieve tension in your body.

We end the evening with Anna Carroll doing a meditation on "Being present in the Now moment!"

Supplies will also be provided to create your very own vision board. Registration is required at least three days prior to the event - <https://short.libcl.ca/Ladiesnight>

The week of the event we will send you the Zoom link, plus arrange pick up of your activity kit.



The graphic features the 'UP Skills for Work' logo at the top left, with the text 'Do you have all the skills for the job?' below it. The background shows a woman in a white shirt standing and presenting to a group of people seated around a table in a meeting room. To the right, a teal box contains the text 'Hiring managers want experience but also look for other key skills such as:' followed by nine icons in a 3x3 grid, each with a label below it: Motivation (megaphone), Attitude (head with gears), Accountability (checklist), Presentation (person at podium), Teamwork (hands shaking), Time Management (clock), Adaptability (person with arrows), Stress Management (head with lightning bolt), and Confidence (person with arms raised). At the bottom of the teal box, it says 'Find out how to get the skills edge at [upskillsforwork.ca](http://upskillsforwork.ca)'.

**UP Skills for Work** helps learners develop key employability skills through free workshops and downloadable workbooks.

The nine topics covered are: Presentation, Teamwork, Time Management, Adaptability, Stress Management, and Confidence.

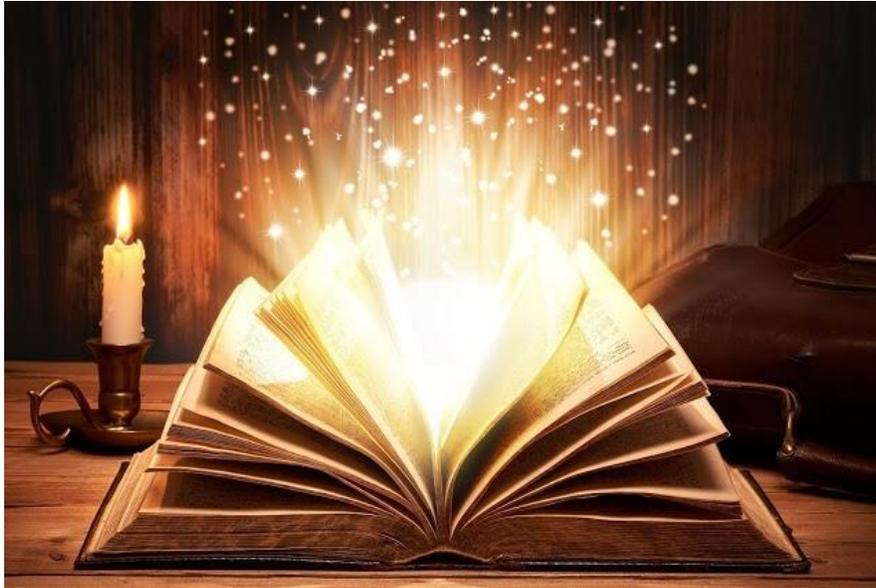
Dates:

1. Presentation - May 7, 2021
2. Teamwork - May 14, 2021
3. Time Management - May 21, 2021
4. Adaptability - May 28, 2021
5. Stress Management - June 4, 2021
6. Confidence - June 11, 2021

Time: 10am to Noon

Location: Online via Zoom

Online Registration: <http://short.llbcl.ca/Upskills>



We know you love our in person Escape Rooms and we plan to host another one in September. While you wait enjoy our first virtual escape room. Have fun and best of luck!

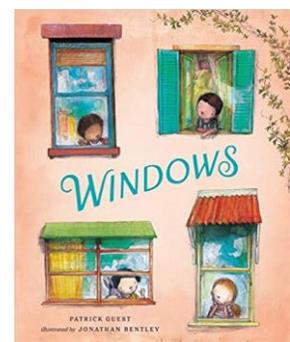
<http://short.llbcl.ca/LydiaER>

*Music – Aquarium*

## **New Additions**

- **Windows** by Patrick Guest

Told through the voices—and windows—of children from around the world, this story’s comforting message and bright illustrations bring hope into your home even as our world changes outside. The book’s beautiful design reveals similarities - “In different windows everywhere, I see rainbows, hearts, and teddy bears”- that can comfort and unite us, even in hard times.



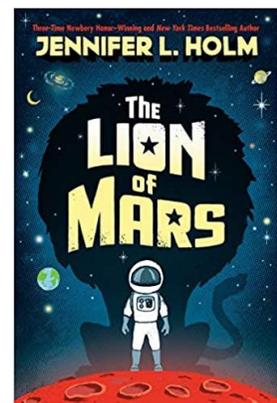
- **The Coolest Stuff on Earth** by Brenda Scott

Did you know that dogs can shake off a pound of water in less than a second? That some sand dunes whistle and sing? That the U.S. dollar bill is full of hidden symbols related to the number 13? Our world is filled with strange, bizarre, and weird happenings. But what do they mean? WHY are they important? And what secrets are behind them? These secrets and MORE are revealed through cool stories, action-packed photos, fantastic infographics, and exciting Q&As with in-the-field experts. Discover the secrets of sharkskin, the mysteries behind incredible island animals, the power behind lightning, how a rare gemstone changes color, and more. Kids will be captivated by this fresh way of looking at our amazing planet.



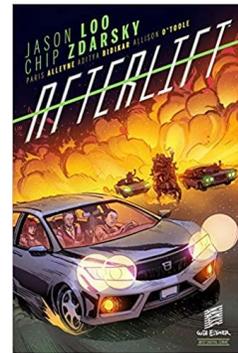
- **The Lion of Mars** by Jennifer Holm

Bell has spent his whole life - all eleven years of it - on Mars. But he's still just a regular kid - he loves cats, any kind of cake, and is curious about the secrets the adults in the US colony are keeping. Like, why don't have contact with anyone on the other Mars colonies? Why are they so isolated? When a virus breaks out and the grown-ups all fall ill, Bell and the other children are the only ones who can help. It's up to Bell - a regular kid in a very different world - to uncover the truth and save his family ... and possibly unite an entire planet.



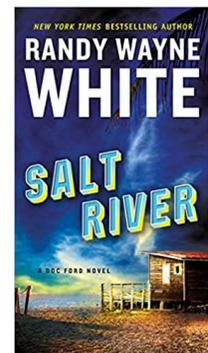
- **Afterlift** (GRN) by Chip Zdarsky

Ride-share driver Janice Chen has enough to deal with, from annoying passengers to overbearing parents. But when she picks up a pair of mysterious passengers who are pursued by otherworldly forces, Janice realizes that her already-terrible day might be headed straight to hell. This Eisner Award-winning series from Chip Zdarsky (*Sex Criminals*, *Daredevil*) and Jason Loo (*The Pitiful Human-Lizard*) features car chases, demon bounty hunters, and figuring out your place in this world and the next.



- **Salt River** by Randy White

Marine biologist and former government agent Doc Ford is sure he's beyond the point of being surprised by his longtime pal Tomlinson's madcap tales of his misspent youth. But he's stunned anew when avowed bachelor Tomlinson reveals that as a younger man strapped for cash, he'd unwittingly fathered multiple children via for-profit sperm bank donations. Thanks to genealogy websites, Tomlinson's now-grown offspring have tracked him down, seeking answers about their roots. . . but Doc quickly grows suspicious that one of them might be planning something far more nefarious than a family reunion.

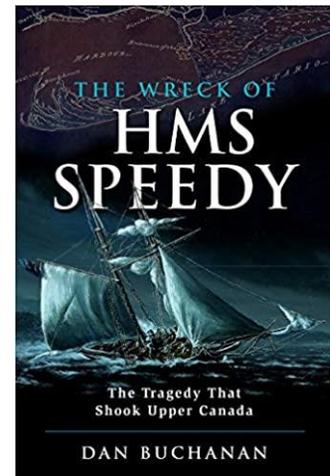


- **The wreck of HMS Speedy** by Dan Buchanan

The sinking of HMS Speedy in 1804 off Presqu'ile Point was more than a tragic event for the families of the twenty souls onboard the ship - it had shocking and far-reaching repercussions for the young colony of Upper Canada. At the centre of it all is a Mississauga First Nations man charged with murdering John Sharp, a white trader.

As the trial drew near, the authorities in York moved it to Newcastle for fear of angering the indigenous community amidst growing tensions between the British and Americans. With the shipping season coming to a close, the HMS *Speedy* set sail with the accused and the legal elite of the young colony on board. But on the night of October 8, the *Speedy* was lost in a violent storm; there were no survivors and the ship could not be found.

The mystery surrounding the ill-fated ship has continued for more than two centuries, despite the efforts of commercial diver Ed Burttt, who began a search for the *Speedy* in the early 1990s. Were the remains he located at the bottom of Lake Ontario from the lost ship? Were valuable copies of the *Statutes of Upper Canada* on board? What evidence lay in the untouched artifacts Burttt found?



*Music – Midnight Tale*

## Local Community Information

- Welcome to Kristen Shewchuk, Team Lead for FCSS Young Family Connections and Childmind Department
- Interview with Kristen Shewchuk (a few points will be highlighted in these notes)

### Questions:

1. What is the mission and vision of FCSS Young Family Connections?

To develop locally driven preventative social initiatives that enhance the wellbeing of individuals, families and our community as a whole. Formally know as Parent Link and they are now part of the Family Resource Network (FRN). Provides programs and support for families with the age range spanning 0-18.

2. Where does your funding come from?

Funding comes from the County and the province depending on the program and service.

3. What is your role as Team Lead?

Role is to support the staff in the delivery of these programs. Also responsible to meet with the Family Resource Network and community partners.

4. What programs and services do you offer?

Current running virtual programs including: Junior Family Night (7-12), Cozy Corner, Baby Talk, Crafternoon, Partner Programs with AHS and Lac La Biche County Libraries (Read and Roll & Chicka Chicka Book Club) Additional programs include: Special events and Triple P course.

5. Where are you located?

In the Bold Center (8702 91 Avenue, Lac La Biche) behind the Child Mind Centre entrance which is next to the fish tank.

6. How can people contact FCSS Young Family Connections and Childmind (Bold Center)?

Phone: 780-623-6365

FB: [FCSS Young Family Connections](#)

7. Is there anything else you wish to add?

Highlighted the Volunteer Board and grant applications.

## **Wrap Up**

- I am glad you could join me today and if you wish to review the notes for today's podcast or get more information about Lac La Biche County Libraries visit our website – llbcl.ca.
- In our next episode, I will highlight some of our programs and services, interview a community member and focus on another two e-resources which people can access from home with their library card.
- We encourage you to subscribe and share our monthly podcast with others.
- Until next time... I am Maureen Penn for Lac La Biche County Libraries "our libraries your place to be."

*Music - Fuzzball Parade*

## **Credits:**

"Adding the Sun" Kevin MacLeod (incompetech.com)  
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Book synopsis from Amazon.ca

Interview with Kristen Shewchuk, Team Lead for FCSS Young Family  
Connections and Childmind Department