

Rural Library Corner

Podcast Script for Feb 23rd

Introduction

- Hello and welcome to the Rural Library Corner's Podcast. I am your host Maureen Penn, Library Director for Lac La Biche County Libraries.
- Rural Library Corner highlights Lac La Biche County Libraries' programs, initiatives, new releases and features interviews with local community members and groups. Even online "our libraries are your place to be".
- In this episode, I will highlight some of our programs, interview MJ Siebold from the Lac La Biche Regional Humane Society and focus on a few e-resources which people can access from home with their library card.

Music - Adding the Sun

Services & Initiatives



- [AtoZ World Food](#) provides access to thousands of global recipes, hundreds of fascinating culture and ingredient articles, and essential culinary resources.



- [AtoZ World Travel](#) provides access to comprehensive travel resource containing Travel Guides.



- [Freading](#) allows Library Members to download eBooks straight to their PC, iOS and Android devices.



Musical Instrument Lending Library

Lac La Biche County Libraries



Funding provided by:



- **Musical Instrument Lending Library** provides our library members an opportunity to borrow a variety of instruments at no cost. The Musical Instrument Lending Library is made possible with funding from the Kimberley Foundation. Instrument lending is now possible via curbside pickup, so call 780-623-7467 to book your pickup time.

Music - Mana Two Part 2

Program Highlights



Ladies Night
Friday, February 26th,
March 26th & April 30th
6-8pm
Stuart MacPherson
Public Library

Come paint a masterpiece, get crafty, socialize, and discover something new. This after hours event for girls/ladies 13 and older. Pre-registration is required and donations are gratefully appreciated.

Our first Virtual **Ladies Night** will be held on Friday, February 26th from 6-8pm and is designed for girls/ladies 13 & older. Topics include mental health, body scrub, yoga & meditation. Once you are registered you will receive the Zoom link and kit which includes the materials to finger knit a scrunchie.

Registration is required at least three days prior to the event - <https://short.llbcl.ca/Ladiesnight>



UP Skills for Work
Do you have all the skills for the job?

Hiring managers want experience but also look for other key skills such as:

- Motivation
- Attitude
- Accountability
- Presentation
- Teamwork
- Time Management
- Adaptability
- Stress Management
- Confidence

Find out how to get the skills edge at upskillsforwork.ca

UP Skills for Work helps learners develop key employability skills through free workshops and downloadable workbooks.

The nine topics covered are: Motivation, Attitude, Accountability, Presentation, Teamwork, Time Management, Adaptability, Stress Management, and Confidence.

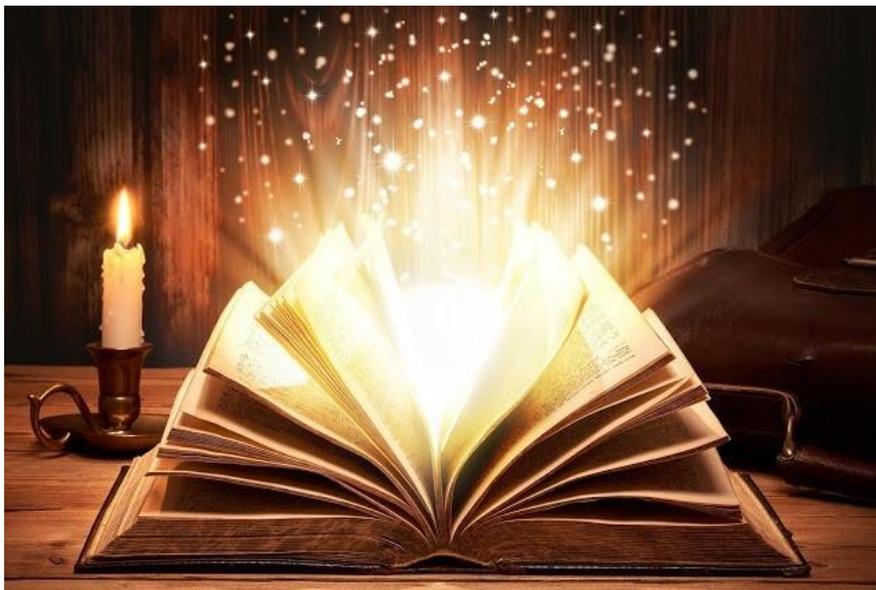
Dates:

1. Motivation - March 12, 2021
2. Attitude - March 19, 2021
3. Accountability - March 26, 2021
4. Presentation - May 7, 2021
5. Teamwork - May 14, 2021
6. Time Management - May 21, 2021
7. Adaptability - May 28, 2021
8. Stress Management - June 4, 2021
9. Confidence - June 11, 2021

Time: 10am to Noon

Location: Online via Zoom

Online Registration: <http://short.llbcl.ca/Upskills>



We know you love our in person Escape Rooms and we plan to host another one in September. While you wait enjoy our first virtual escape room. Have fun and best of luck!

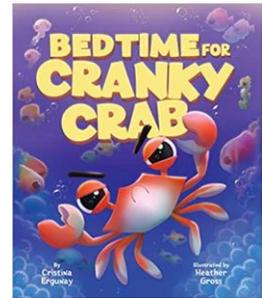
<http://short.llbcl.ca/LydiaER>

Music – Aquarium

New Additions

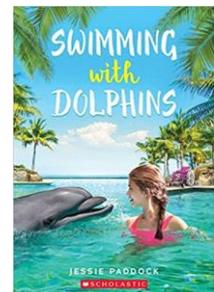
- **Bedtime for Cranky Crab** by Cristina Ergunay

Cranky Crab is NOT ready for bed. The sea creatures around him are all drifting off to sleep, but he just wants to eat snacks and play! Maybe what he really needs is... a bedtime kiss! Follow Cranky Crab as he travels past dolphins, starfish, seals, and more, all snuggling down in their habitats. As night falls, the water darkens and colors change, lulling Cranky Crab -- and the reader -- to sleep. This sweet, rhyming text is brought to life in unique, soft technicolor, and the dreamy underwater world will soothe even the crankiest little crabs!



- **Swimming with Dolphins** by Jessie Paddock

When 12-year-old KT Wynn learns that she has to move from Iowa City to Florida, she's distraught. Not only does she have to leave behind her best friends and the only home she's ever known, she also has to deal with being the new kid in school. And she's especially worried about how her wheelchair, Sprinkles, will affect things. On the bright side, she'll still have her big sister, Lucy, with her, and she'll even get to see a dolphin-her favorite animal!- for the very first time. In fact, KT has always dreamed of swimming with a dolphin, and with the help of her sister, she's determined to make it happen. But when she meets Cola for the first time, he's not what she expected. KT is suddenly afraid, and she's unsure if she can swim with Cola given her disability. Will KT be able to overcome her fear and gain the confidence to take the plunge?



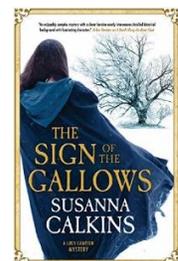
- **Sunny** by Jason Reynolds (#3 in the Track Series)

Sunny is just that—sunny. Always ready with a goofy smile and something nice to say, Sunny is the chilliest dude on the Defenders team. But his life hasn't always been sun beamy-bright. You see, Sunny is a murderer. Or at least he thinks of himself that way. His mother died giving birth to him, and based on how Sunny's dad treats him—ignoring him, making Sunny call him Darryl, never "Dad"—it's no wonder Sunny thinks he's to blame. It seems the only thing Sunny can do right in his dad's eyes is win first place ribbons running the mile, just like his mom did. But Sunny doesn't like running, never has. So he stops. Right in the middle of a race. Coach asks Sunny what he wants to do. Sunny's answer? Dance. Yes, dance. But you also can't be on a track team and dance.



- **The Sign of the Gallows** by Susanna Calkins (a Lucy Campion Mystery Book)

London, 1667. On her way to a new market to peddle her True Accounts and Strange News, printer's apprentice Lucy Campion quickly regrets her decision to take the northwestern road. Dark and desolate, the path leads her to the crossroads – and to the old hanging tree. She doesn't believe in ghosts, but she's not sure ghosts don't believe in her. But before she even reaches the crossroads, she's knocked off her feet by two men in a hurry. What were they running from? To her dismay, she soon discovers for herself: there, dangling from the tree, is the body of a man. Did he commit self-murder, or is there something darker afoot?

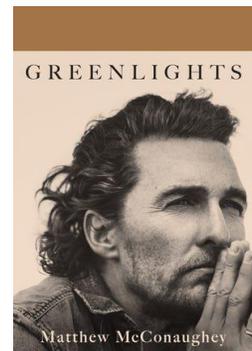


- **Greenlights** by Matt McConaughey

I've been in this life for fifty years, been trying to work out its riddle for forty-two, and been keeping diaries of clues to that riddle for the last thirty-five. Notes about successes and failures, joys and sorrows, things that made me marvel, and things that made me laugh out loud. How to be fair. How to have less stress. How to have fun. How to hurt people less. How to get hurt less. How to be a good man. How to have meaning in life. How to be more me.

Recently, I worked up the courage to sit down with those diaries. I found a reliable theme, an approach to living that gave me more satisfaction, at the time, and still: If you know how, and when, to deal with life's challenges—how to *get relative with the inevitable*—you can enjoy a state of success I call "catching greenlights."

It's a love letter. **To life.** It's also a guide to catching more greenlights—and to realizing that the yellows and reds eventually turn green too.



Music – Midnight Tale

Local Community Information

- Welcome to MJ Siebold from the Lac La Biche Regional Humane Society
- Interview with MJ Siebold (a few points will be highlighted in these notes)

Questions:

1. Tell me how did the Lac La Biche Regional Humane Society (LLBRHS) come to be?

Established in 2014 and then became a registered charity in 2016. It has been able to response to animal concerns in Lac La Biche County and surrounding area.

2. What is the mission and vision for the Lac La Biche Regional Humane Society?

Vision: Be there to support the community.

Mission: To enable the provision of humane treatment to the animals that would otherwise be neglected, mistreated or killed. To relieve the pain and suffering of animals through educational efforts as well as direct intervention. We believe that the neglect of the local animals is a regional problem and it deserves a regional solution.

3. Where does the funding come from?

The 60% comes from fundraising, 20% from the dog shelter contract with the Lac La Biche County, and 20% from fees including adoption.

4. What is your role in this organization?

MJ Siebold is the founder of the LLBRHS and has been the Chairperson since its commencement.

5. How can people get involved?

So many ways to get involved including: volunteering for events and fundraisers, walking a dog, snuggling with a cat, fostering an animal, and making a financial donation.

6. What is the process for fostering and adopting pets through the Humane Society?

All the forms and questionnaires are available online. All applications are then reviewed by a panel and some follow up will be required.

7. Where are you located?

#38 Nipewon Road, Lac La Biche, AB two doors south of the Lac La Biche Veterinary Clinic.

Note: During COVID19 appointments are required.

8. How can people contact the Lac La Biche Regional Humane Society?

<http://www.llbrhs.com/>

llbrhs@gmail.com

Facebook: <https://www.facebook.com/LLBRHS/>

Instagram: <https://twitter.com/llbrhs>

Twitter: <https://twitter.com/llbrhs?lang=en>

Phone: 780-520-PAWS (7297)

9. Is there anything else you wish to add?

Volunteers can make a difference in the life of a rescue animal and help them get adopted.

Wrap Up

- I am glad you could join me today and if you wish to review the notes for today's podcast or get more information about Lac La Biche County Libraries visit our website – llbcl.ca.
- In our next episode, I will highlight some of our programs and services, interview a community member and focus on another two e-resources which people can access from home with their library card.
- We encourage you to subscribe and share our monthly podcast with others.
- Until next time... I am Maureen Penn for Lac La Biche County Libraries "our libraries your place to be."

Music - Fuzzball Parade

Credits:

"Adding the Sun" Kevin MacLeod (incompetech.com)
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"Mana Two - Part 2" Kevin MacLeod (incompetech.com)
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"Fuzzball Parade" Kevin MacLeod (incompetech.com)
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Book synopsis from Amazon.ca

Interview with MJ Siebold from the Lac La Biche Regional Humane Society