

How to Finger Knit a Scrunchie

1. Lay your strands across your palm. Wrap the yarn around the back of your index finger. Weave it in front of your middle finger, then behind your ring finger. Weave it in front of your pinky.



2. Then wrap around the back of your pinky. Continue, in front of your ring finger, behind your middle finger and weave it in front of your index finger.



- Now that you have two loops on each finger, pull the bottom loop over the top loop and off your finger. Do that for all 4 fingers. Push the loops down that remain on your fingers. Then, you'll again weave the yarn in front of your middle finger to repeat steps 1 and 2.

Whenever you have two loops on your finger, pull the bottom loops up over the top loops and off your fingers to knit.



Repeat 1-3 until your piece is about 16in (40cm) long.



To “bind off” your four finger stitches, simply take the stitch off of your first finger, and put it on the next finger. Knit the bottom loop over the top loop, repeat for all fingers. Cut your yarn and thread it through the last loop on your finger and pull tight.



Adding the Hair Elastic

1. Your piece of finger knitting may look like a tube, but it is actually 4 stitches curled up. You can uncurl them and open up your piece. That's where we'll put the hair elastic.



2. Now you can thread one strand of your yarn through the eye of your tapestry needle. You'll look for the two loops on the edge of your knitting.



3. Thread the needle under the edge stitches, through the center of the hair elastic, and under the edge stitches on the opposite side and pull the yarn tight.



4. Stick the needle back through the center of the hair elastic, and repeat the process for the next edge stitch.



5. Continue sewing the edges of your finger knitting together while burying the hair elastic in the middle. When your hair tie starts to disappear, scrunch it up to keep working. When you've seamed the whole piece together. Lay the ends on top of each other and seam them closed.



6. You'll have to contend with 6 strands of yarn sticking out (two from each end of your finger knitting and one from each end of the seam). Thread your tapestry needle and stick it into the center of the scrunchie and pull the needle out a few inches from where you inserted it. Then you can cut the yarn sticking out, give the scrunchie a little stretch and the ends will be hidden inside.



There you have it! That's how you can knit a cute little velvet scrunchie with no knitting skills required!

For visual learners, please visit https://www.youtube.com/watch?v=sXdW_CgysGc&feature=youtu.be to watch a tutorial online.