

Boo – Extension Activities October, 2020

Parents, did you know that making crafts, cooking, and playing games with your kids helps them to develop many different skills that they need to be successful in school and beyond?

BOO!

Make a pop-up puppet

Find a disposable cup and small stick (like a popsicle stick, kabob stick)

Carefully poke your stick (or get an adult to do it!) through the bottom of the cup

On paper, draw and color a person, animal or other character Cut it out and tape it on the top of your stick. Make sure it is small enough to easily slide into the cup!!

Move the stick up and down. *Surprise!!!!* Make up a story that has your puppet popping up and saying “surprise” or “boo”

Play Peek-a boo. I see you!

For younger children, open and close your hands over your eyes or use a light cloth to surprise them with joy!

Make your voice like a song, using high and low sounds, when you say the words “peek-a-boo”.

For older children, play hide and seek. The person playing “it” can sing “Peek-a-boo. I see you” when they find someone. Make up “rules” that work for your family and the developmental age of your child.

Enjoy a food surprise game

Make food testing a fun game and strengthen vocabulary too!

Say this Rhyme:

“Open your mouth and close your eyes;

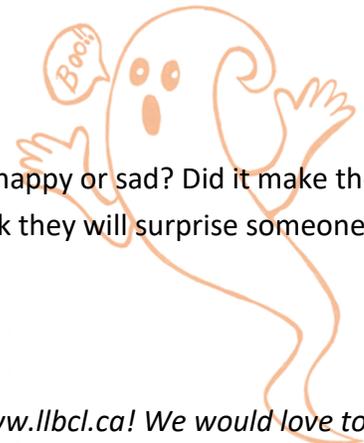
And you will get a big surprise!”



Put a small portion of food on your child’s tongue and let them guess the food in their mouth. Encourage them to use descriptor words like “juicy, cold, sweet, sour, creamy...” Be brave and take turns. Model what you would like your child to do. Remember to be kind! Start off with a food they are familiar with and enjoy, before working towards unfamiliar territory!! This is a good game to remember the old familiar saying: Do to others what you would have them do to you!!

Surprise someone by doing/saying/thinking something good

Can you surprise someone with good? What did you do? Did it make you feel happy or sad? Did it make them feel happy or sad? Did your whole family join in or was it just you? Do you think they will surprise someone else with good??



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