

Rural Library Corner

Podcast Script for Oct 28th

Introduction

- Hello and welcome to the Rural Library Corner's Podcast. I am your host Maureen Penn, Library Director for Lac La Biche County Libraries.
- Rural Library Corner highlights Lac La Biche County Libraries' programs, initiatives, new releases and features interviews with local community members and groups. Even online "our libraries are your place to be".
- In this episode, I will highlight some of our programs, talk about our YouTube channel, focus on two e-resources which people can access from home with their library card and interview with Sandy Makokis, President of the Lac La Biche Art Club.

Music - Adding the Sun

Services & Initiatives

Got homework?

Get brainfuse **HelpNow**

Free live online tutoring,
writing lab,
and so much more!



- **Brainfuse**
This free resource offers students learning support from kindergarten up to grade 12. You can chat live with a tutor from 2:00pm to 11:00pm daily and create your own study tools such as flashcards. There is also support for adult learners, university courses, and resume writing. So, this resource is helpful whether you are going back to school, switching jobs, or brushing up on your skills.



- [Creative Bug](#)

Creative Bug is an educational video resource that focuses on arts & crafts. The videos are produced by artists and creative experts who have a lifetime of practice and proven teaching techniques. One new class is added each week and all classes come with downloadable patterns, templates, and recipes.

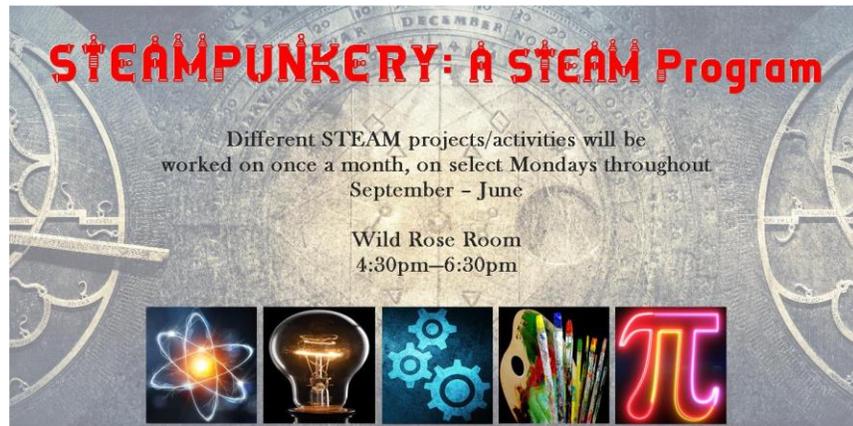


- [YouTube Channel](#)

Check out our YouTube Channel where we post helpful videos and programs. You will find the Right at Home videos, a walkthrough of our website and STEAMPUNKERY project instructions.

Music - Mana Two Part 2

Program Highlights



- **STEAMPUNKERY: A STEAM Program** will be held on Monday, November 23rd at 4:30pm. Join us at the main branch in the Wild Rose Room to create your very own Cricuit Stickers (making stickers) and Letters to Santa. If you are unable to make it that evening and wish to build it at home, we will have kits plus an instructional video uploaded to our YouTube channel prior to the event.



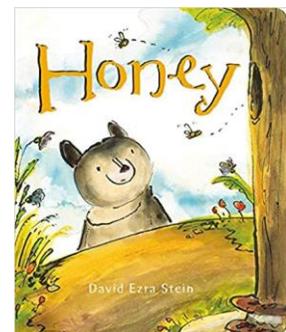
- **Right at Home** Has resumed and we have new videos featuring Joanne showcasing songs, stories, rhymes, crafts and activities using common household items posted on our YouTube Channel. The links will be on our website <https://www.llbcl.ca/programs/early-literacy> and social media platforms.

Music - Aquarium

New Additions

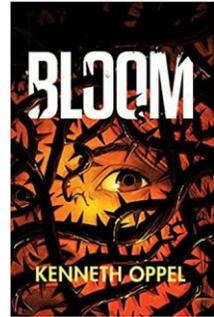
- **Honey** by David Ezra Stein

Bear is ravenous when he wakes up from his winter sleep and has one thing on his mind: honey! Alas, it is too soon for honey, so Bear tries hard to be patient. The world around him is waking up, too, and he soon remembers all the other things he loves, like warm grass, berries, and rain. He's almost content, until, one day, he hears a welcome buzzing sound . . . and finally it is time for Bear to delight in the thing he relishes above all others--and it is as warm, golden, sweet, and good as he remembered.



- **Bloom** by Kenneth Oppel

It was just rain. But after the downpour, odd black plants begin to shoot up. Suddenly - They. Are. Everywhere. They take over fields and twine around houses. They bloom and throw off toxic pollen—and *feed*. Strangely, three Salt Spring Island teens seem immune. Anaya, Petra and Seth. What's their connection? What's their secret? A week ago, they wouldn't have thought they had one. But they'd better figure it out fast—the invasion has already begun.



- **Forged in Fire and Stars** by Andrea Robertson

Ara has always known the legend of the Loesmith: the blacksmith who served alongside the kings and queens, forging legendary weapons to arm warriors and protect the kingdom. She's been told it's her fate to inherit the title and become the next Loesmith. But since the monarchy's downfall in a vicious conquest years before, Ara has never truly believed she would be able to take up her duty. But when the lost Princess Nimhea and Prince Eamon steal Ara from her quiet life with a mission to retake the throne and return Ara to her place as the Loesmith--Ara's whole world turns upside down.



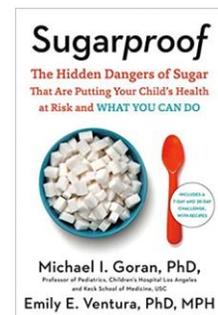
- **Before She was Helen** by Caroline B. Cooney

When Clemmie goes next door to check on her difficult and unlikeable neighbor Dom, he isn't there. But something else is. Something stunning, beautiful and inexplicable. Clemmie photographs the wondrous object on her cell phone and makes the irrevocable error of forwarding it. As the picture swirls over the internet, Clemmie tries desperately to keep a grip on her own personal network of secrets. Can fifty years of careful hiding under names not her own be ruined by one careless picture? And although what Clemmie finds is a work of art, what the police find is a body. . . and she was the last person at the crime scene, where she left her fingerprints. Suddenly thrown into the heart of a twisted investigation, Clemmie finds herself the uncomfortable subject of intense scrutiny. And the bland, quiet life Clemmie has built for herself in her sleepy South Carolina retirement community comes crashing down as her dark past surges into the present.



- **Sugarproof: the Hidden Dangers of Sugar That are Putting Your Child's Health at Risk and What You Can Do** by Michael I. Goran

Most of us know that sugar can wreak havoc on adult bodies, but few realize how uniquely harmful it is to the growing livers, hearts, and brains of children. And the damage can begin early in life. In his research on the effects of sugar on kids' present and future health, Michael Goran has found that too much sugar doesn't just cause childhood obesity, it can cause health issues in kids who are not overweight too, including fatty liver disease, prediabetes, and elevated risk for eventual heart disease. And, it is a likely culprit in the behavioral, emotional, and learning problems that many children struggle with every day.



Music – Midnight Tale

Local Community Information

- Welcome to Sandy Makokis president of the Lac La Biche Art Club
- Interview with Sandy Makokis (a few points will be highlighted in these notes)

Questions:

1. Can you share a little bit about yourself and how you became interested in the arts?

Sandy's mom was a painter and had an easel set up in the dining room. Painting was considered to be a hobby and Sandy did her first art show in her teens. Art Club members encourage each other to complete and/or work their pieces. Sandy is working with oils right now but has used all mediums except oils.

2. What does your role with the Lac La Biche Art Club entail?

The President organizes meetings and is the main contact for the LLB Art Club. Working to get more people involved in the club including non-artists.

3. Could you share details about the Lac La Biche Art Club including who can join? Is there an age limit?

No restrictions but the artists are adults mainly because the meetings are held during the day.

4. How can people become involved? What benefits of joining a local art club? Is it free to join?

If someone wishes to help out, join or be involved with the Art Club they should contact Sandy directly. Some people like to help setting up for art exhibits. The cost of an annual member is \$15.00.

5. Does the Lac La Biche Art Club or its members offer art classes? If so, for what ages and mediums?

The Art Club has hosted paint nights before COVID19. If gave people a chance to try something new and make a mess with some off the wall painting techniques. Each Art Club member may do lessons on their own and if someone is interested just reach out to Sandy and she will share that request with the Art Club.

6. Where can people view the Lac La Biche Art Club pieces?

The Lac La Biche Art Club does not have a gallery location. They are working on doing a virtual art gallery with the Lac La Biche & District Chamber of Commerce in November, as well as display art work at the Shopping Extravaganza which will be held at the Bold Center on November 21st.

Looking forward to hosting another display of the Lac La Biche Art Club pieces in 2021.

7. How does someone contact the Lac La Biche Art Club?

Contact the president Sandy Makokis at 780-623-2633 or email laclabicheartclub@yahoo.ca.

8. Is there anything else you wish to add?

Meetings are held once a month at the Heritage Centre. The meetings are held on the first Wednesday of the month at 10:30am. Please contact Sandy if you wish to attend as space is limited.

Wrap Up

- I am glad you could join me today and if you wish to review the notes for today's podcast or get more information about Lac La Biche County Libraries visit our website – lbcl.ca.
- In our next episode, I will highlight some of our programs, talk about an exciting outreach program, interview Donna Webster, Executive Director from Lac La Biche Canadian Native Friendship Center and focus on two e-resources which people can access from home with their library card.
- We encourage you to subscribe and share our monthly podcast with others.
- Until next time... I am Maureen Penn for Lac La Biche County Libraries "our libraries your place to be."

Music - Fuzzball Parade

Credits:

"Adding the Sun" Kevin MacLeod (incompetech.com)
Licensed under Creative Commons: By Attribution 4.0 License
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"Mana Two - Part 2" Kevin MacLeod (incompetech.com)
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"Aquarium" Kevin MacLeod (incompetech.com)
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"Midnight Tale" Kevin MacLeod (incompetech.com)
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"Fuzzball Parade" Kevin MacLeod (incompetech.com)
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Interview with interview with Sandy Makokis, President of the Lac La Biche Art Club.